



Bay Of Plenty Cricket Association

Player Safety Regulations

HELMET POLICY

The following Player Safety regulations apply to all competitions administered by the Bay of Plenty Cricket Association:

1. All batsmen, regardless of age, **must** wear a helmet with a faceguard when batting against fast or medium-paced bowling. It is also **strongly recommended** that a helmet is worn when batting against spin bowling.
2. All wicketkeepers, regardless of age, **must** wear a helmet with a faceguard when standing up to the stumps [within 5 metres] in hardball cricket.
3. All players, regardless of age, **must** wear a helmet with a faceguard when fielding closer than 7 metres from the stumps of the batsman on strike in hardball cricket, except behind the wicket on the off side. BOP Cricket **recommends** that they also wear a protector and shin pads.
4. No player up to and including Year 10 shall be allowed to field closer than 10 metres from the stumps of the batsman on strike, except behind the wicket on the offside.

Any individual with responsibility for players (such as a coach or manager), together with Match Officials, should take all reasonable steps to ensure that the above guidelines are followed.

Officials may suspend the match until the player complies.

Helmets must comply with BS 7928: 2013.

BOWLING GUIDELINES FOR U18'S

NZ Cricket guidelines for pace bowlers (pace bowler = non-spin bowler)

- | | |
|------------------|----------------------------------|
| 13 – 15 year old | Maximum of five overs per spell |
| 16 – 18 year old | Maximum of eight overs per spell |



CONCUSSION MANAGEMENT

The management of concussion is our collective responsibility. The incorrect management of concussion can have serious consequences for player health and for the wider game.

It is important that we all play our part to keep the game safe.

If a player has an incident that might result in a concussion we must **stop** the game and get a medical assessment done.

These incidents can occur in a variety of ways:

- Ball to the helmet whilst batting, bowling or fielding (or umpiring)
- Bat to the head whilst wicket-keeping or fielding in close
- Head versus ground whilst diving making your ground
- Collision with another player or with the ground or with the ground surrounds

If any of these happen, no matter how innocuous it seems please **stop the game** and **call qualified person** to assess the player.

Bay of Plenty Cricket take the potential for concussion extremely seriously. It is paramount that we all support our players and ensure they are our number one priority.

Signs and Symptoms of a Possible Concussion

- Severe or increasing headache
- Disorientation and confusion
- Dazed or vacant look
- Visible injury to the face or head
- Player complains of double vision or pain
- Vomiting, seizure, convulsions

Failure to answer questions such as

“What team are we playing against”?

“Who won last week”

“What venue are we playing at”

RECOGNISE

REMOVE

REFER